



JESUS' SACRED HEART SCHOOL
DX-1, SOUTH CITY, LUDHIANA

Grade VII - X

Cir No.: J.S.H.S/261/C/0417

Date-3rd Apr., 2017

Respected Parents,

A school is the workshop of life-building in which the raw material is the nascent young pupils. The core aim of education is to foster all round development of a child. Extracurricular activities foster the aesthetic development amongst the children. There is a huge plethora of options that a student can choose from. Kindly note the following Schedule of Wednesday Activities and Clubs and select the options for your child as per his/her interest.

1. Every Wednesday there will be one activity period.
2. Each student is required to opt for 1 activity for a period of six months (i.e April to Sept & Oct to March)
3. Various options are given below. Kindly write down your option taking in consideration the aptitude and interest of the child.
4. A child can choose same or a different activity for second term.
5. Along with Wednesday activity student is required to choose a club for the whole session.
6. Club days are mentioned in activity calendar.
7. School also offers one mini activity which will be a part of weekly curriculum which will be conducted during regular music and dance period to be continued for the whole session.
8. Students will not be allowed to change the options once the form is submitted. Kindly ensure submission of forms by 6th April, 2017.
9. House uniforms will be followed on Wednesday.
10. Saturday will remain off.

NAME:- _____

CLASS & SEC:- _____

Activities – Shooting, Swimming (boys), Swimming (girls), Skating, Football, Basketball, Lawn Tennis, Chess, Cricket, Martial Arts, Athletics & Strength Training, Home Décor, Little Scientist, Stage Art, Brain-o-Brain, Speaker's Forum, IT

Opted Option (Term 1):- _____

Opted Option (Term 2):- _____

- ❖ Each student is required to choose any one mini activity which will be continued for the whole session. It will be a part of regular music and dance period.

Mini Activity – Vocal Music, Western Instrumental - Guitar, Western Instrumental – Keyboard, Western Instrumental Drum, Semi Classical & Folk Dance, Western Dance

Opted Option: - _____

- ❖ Each Student is required to opt for any one club which will be continued for the whole session.
- ❖ Details of clubs are mentioned overleaf.

Club – Self Defence Club, Cookery Club, Home & Hearth Club, Science Club, Heritage Club, Teen Talk Club, Entrepreneur Club (only VIII onwards), Theatre Club, Robotics Club, Fashion Studio Club, Space Club (only for VII to IX & only for the students who have already registered), IT club

Opted Option: - _____

Student's Signature

Parent's Signature

Principal's Signature

CLUBS (VII - X)
SESSION 2017-18

1. **SELF DEFENCE CLUB** :The aim of this club is to make students aware of their surroundings. The club strives to teach all students how to protect themselves. It is the first step to mentally and physically prepare a student for life beyond the school walls.
2. **COOKERY CLUB** : Learning to cook helps children to learn about nutrition and healthy eating , Teaching students to cook will help to instill skills which lasts with them for a lifetime. This is what the cooking club is trying to achieve.
3. **HOME & HEARTH CLUB**: The club aims to teach students develop skills in needle work, knitting and home management as well as plan. It gives the person all the knowledge of the scientific procedures involved in making a home beautiful.
4. **SCIENCE CLUB** : To promote inquisitiveness among the school students to inculcate scientific temper among the children and to trigger interest among the students in science is the main motive of the club.
5. **HERITAGE CLUB** : The Heritage club will regard students as active seekers of knowledge by throwing light on the multiplicity of history & cultural experiences that exist in India.
6. **ENTREPRENEUR CLUB (CLASS VIII ONWARDS)**:To motivate young entrepreneur with a mindset in business throughbuilding relationships to help our students turn their ideas & passion into business and to develop future business leaders.
7. **TEEN TALK CLUB**: It helps to develop understanding on dealing with issues & concerns confronted in day to day life. The club enables the students to acquire better understanding of self and to establish and maintain positive and healthy relationships & inculcate leadership qualities.
8. **THEATRECLUB** : A plethora of talented individuals with the aim of a strong message todeliver, join together to present stage performances & create a world of spectacular amazement. It is a perfect platform for budding artists to love their skills.
9. **ROBOTICS CLUB**: The club guides the students through the exciting world of robots. It helps the students to focus on the origin, applications and latest trends in robotics and learn how robots are built and controlled.
10. **FASHION STUDIO CLUB**: The fashion club is designed for students to learn, explore and create fashion, as well as trigger a potential start to a career in the fashion industry. Fashion Club is an outlet for students interested in fashion and style.
11. **IT CLUB**: This club is basically formed to enhance skill level of student other than regular curriculum and give benefits to student who wants to do more activity with their talent in the field of computer technology & networking.
12. **SPACE CLUB** : It's a paid club and open to students who had already got registered. Those children who had paid for the space club cannot opt for other clubs.